

Fridays-Term 4 2017

Amy Mann , hike leader amann@guhsd.net

To participate, you must register online at adultschool.guhsd.net All hikes leave from the trailhead at 8:30 AM and return before noon. Hikers are responsible for their own transportation and are encouraged to carpool. Please bring water, clothing appropriate for the weather and an adventuresome spirit! Hats, sunscreen, shoes with good tread and laughter are recommended! Trailhead directions, maps and hike descriptions are in these books:

A: "Afoot and Afield in San Diego County" by Jerry Schad, 4th Edition (new edition to be released 3/17)

C: "Coast to Cactus, the Canyoneers Trail Guide to San Diego Outdoors" edited by Diana Lindsey
3/17 Santa Ysabel- West Vista Loop (4 miles, 500' elev. change) C: page 330

3/24 Big Laguna Loop (7.3 miles, 500' elev. change) A:page 263 (partial hike described) C:
page 408 (map only) Penny Pines Trailhead, mile marker 27.3 on Sunrise Highway . Post
Adventure/ Golden Access Pass in parked cars.

3/31 Iron Mountain (6.4 miles, 1200' elev. change) A: page 99

4/7 Descanso Sweetwater River Loop (7.5 miles, 700' elev. change) Not in books. Take I-8 east,
exit onto SR 79. Go north 2.7 miles before turning left to stay on SR 79 (off old Hwy 80) Take
the first left (.2 mile) onto Viejas Blvd and drive 1.1 miles . Turn right into Merrigan Fire Road
parking lot. Parking fee: \$ 10, \$9 seniors

4/14 and 4/21 No hikes scheduled, Spring Break

4/28 Hollenbeck Loop (6.4 miles, 800' elev. change) A: page 160, C: page 296 Trail near Jamul.
From CA 94, go east on Honey Springs Road for .1 mile. Parking lot on left.

5/5 Oakzanita Peak and Descanso Creek (4.6 out and back or 8 mile loop, 1200'elev change) A:
page 238, C: page 385 Take CA 79 north to mile marker 3.1. Mandatory carpooling.

5/12 Conejos Trail (8.7 miles, 1850' elev change) C: page 357 We will make a lollypop hike on
Milk Ranch Road, Azalea Springs Fire Road to Cuyamaca Peak and back on the Conejos Trail.
Take CA 79 north to the parking area at the south end of Lake Cuyamaca, mile marker 10.7

5/19 Mount Woodson- West Approach (6.8 miles, 2300' elev. change) A: page 98 Potluck picnic
after hike at Lake Poway picnic area.