

Wednesdays- Term 1 2017

Amy Mann, hike leader amann@guhds.net

To participate, you must register online at adultschool.guhds.net All hikes leave from the trailhead at 8:30 AM and return before noon. Hikers are responsible for their own transportation and are encouraged to carpool. Please bring water, clothing appropriate for the weather and an adventuresome spirit! Hats, sunscreen, shoes with good tread and laughter are recommended! Trailhead directions and hike descriptions are in "Afoot and Afield in San Diego County" by Jerry Schad and Scott Turner, 5th edition

8/23 Circling Sail Bay not in book (5 miles, 100' elev. gain) Exit I-8 at West Mission Bay Drive. Head north on a bridge over the San Diego River. As you approach the landscaped interchange ahead, go around the cloverleaf ramp to the right. Follow signs to the continuation of West Mission Bay Drive. Turn right at the first traffic light and park near the Dana Landing Marina and the restrooms.

8/30 Secret Canyon page 314, trip 194 (4 miles, 500' elev. gain) We will hike to the Pine Valley Bridge and back. Post Adventure/ Golden Access Pass in vehicle. Pit toilet at trailhead.

9/6 Torrey Pines Extension to Powerhouse Park – not in book (4.5 miles, 400" elev. gain) Exit I-8 at Carmel Valley Road in Del Mar. Drive 1.1 miles west to Del Mar Scenic Parkway on the right. Proceed to the dead end of the street and park. No restrooms at trailhead.

9/13 Arroyo Seco/ Pine Ridge Loop – not in book (4.5 miles, 800' elev gain) Follow driving directions on page 280 to Sweetwater parking area We will take the Arroyo Seco trail to Pine Ridge for a loop hike.

9/20 Six Bridges – not in Book (5 Miles, 200' elev gain) Park and meet near the Balboa Park Zoo close to the Carousel near where Zoo Place and Park Blvd. intersect. Restrooms near the zoo entrance.

9/27 San Diguito Lagoon page 42, trip 8 (4 miles, 500' elev. gain) We will add on an extra mile to the hike described in the book and walk to North Beach. No restrooms at trailhead.

10/4 Monument Peak page 300, trip 182 (5.1 miles, 650"elev. gain) Post Adventure/ Golden Access Pass in vehicle. No restrooms at trailhead.

10/11 Lake Poway/ Blue Sky Loop page 111, trip 54 (4 miles, 450" elev gain) We will hike to Blue Sky Reserve and back (adds 1.3 miles to hike described in book). Potluck picnic at end of hike.